



5 June 2020

Update from the National Shielding Service

Dear

You are currently registered to receive support from the Government's National Shielding Service. This is because you were identified as someone who may have been clinically extremely vulnerable to Coronavirus (also known as COVID-19), and therefore advised to follow shielding advice. We recognise the significant challenges that people in the shielding group have faced and want to ensure that you continue to receive the right advice.

We understand that your GP or hospital clinician has recently reviewed your medical record and has advised that you are no longer considered to be at highest risk of severe illness from Coronavirus. In line with this, the Government is no longer advising you to follow shielding guidance. If your GP or hospital clinician has not yet been in touch or if you have any questions or concerns, please contact them for clarification and advice.

As you are no longer advised to shield, any support you were receiving from the National Shielding Services such as food boxes or medicine deliveries, will no longer be provided, but you will still be eligible for a supermarket priority delivery slot or any slots you already have in place.

We know that for many people this is a difficult time and you may continue to need some help with daily activities or accessing essentials. Where possible, we encourage you to seek support from family, friends and community networks. If you are struggling to access food or essentials please visit www.gov.uk/find-coronavirus-support to get information on the range of support options available. If you need urgent help and have no other support, please contact your local council.

You can also contact the NHS Volunteer Responder scheme for help collecting shopping, medicine or other essential supplies that you need delivered to your home, or for someone to check in with you if you would like a chat. You can call them for free on 0808 1963646 between 8am-8pm.

Yours sincerely,

National Shielding Service